

Athletics To-Do List

If you have signed up for athletics, football, basketball, track, soccer, golf, tennis, or gymnastics next year, you need to get the following information taken care of **as soon as possible**.

A UIL physical is needed for all athletes going into the 7th grade.

1. Steps to complete online athletic registration

Parents log onto: www.rankonesport.com

Click on 'Parents click here' (in the top right corner)

Click on 'ONLINE FORMS'- GO TO FORMS

Choose 'TEXAS'

Choose 'Eagle Mountain-Saginaw - ATHLETICS'

Click 'Proceed to online forms'

Click 'Continue as a guest' or 'Login'

Make sure to fill out ALL 3 FORMS

-Sports Participation Packet

-Emergency Card

-Medical History

(Make sure to submit these forms)

2. Turn in PHYSICAL (Physical form is found on the forms page)

3. Purchase Blues and Grays: Cost is \$30.00. (This will be done at equipment handout in August, we will give this date later)