



Physical Education 6th, 7th, 8th

Coach Cockrell
dcockrell@ems-isd.net

Conference Period: 1:23-2:03

Tutoring Opportunities: Wednesdays 7:45-8:15 Thursday 1:23-2:03

Class Materials: Students must wear the proper shoes to participate on a daily basis. (Tennis shoes, athletic shoes, shoes with laces)

Course Description:

Students enrolled in this course will understand in greater detail the function of the body, learn to measure their own performance more accurately and develop plans for improvement. Student will continue to acquire the knowledge and skills for movement that provide the foundation for enjoyment and continue social development through physical activity. Students will begin to understand the need to remain physically active throughout life by participating in enjoyable lifetime activities. Physical activity will include lessons from team sports, individual sports, aerobic and anaerobic exercises and outdoor sports.

Course Goals:

1. Provide an opportunity for students to be physically active during the school day.
2. Teach students skills needed to participate in life long physical activities.
3. Teach students the importance of physical activity and proper nutrition in maintaining a healthy lifestyle.
4. Teach students how to follow rules and exhibit good sportsmanship.
5. HAVE LOTS OF FUN!!!

Student Evaluation:

The grading system for this course is as follows:

- Grade averaged 60% Major 40% Minor
- Major grades – tests (including District Common Assessments, projects, final essays, research papers, presentations); minimum three per six weeks
- Minor grades – quizzes, daily assignments, journals; minimum four per six weeks
- Each six weeks will count as 1/6 and the semester exam will count as 1/7 of the semester grade.
- A letter system (S, N, U) is used to report a student's conduct based on proper/responsive conduct and citizenship
- Per Board Policy EIA (LOCAL), "The District shall permit a student who meets the criteria detailed in the grading guidelines a reasonable opportunity to redo an assignment or retake a test for which the student received a **failing** grade. This policy applies only to initial identified major grades and does not apply to daily assignments and quizzes. Upon reteach and retest, the new test, project, etc. recorded will be a high score of 70%.
- Official grades will be in Skyward only and can be accessed by student and parent through Family Access.

Attendance/Participation

A parent note will excuse a student for Three (3) days from participation. After Three (3) days, a Doctor's note is required to sit out or the student will lose their participation points for that day.

Classroom Expectations:

Students will be expected to wear proper workout shoes daily. Students will be expected to keep their hands to themselves at ALL times and to follow all safety rules that are explained to them. Students MUST participate in the assigned activity to receive credit for that day. **Students are NOT allowed to have their phones out in class unless specifically instructed to do so.**

Preliminary Schedule of Topics, Readings, and Assignments

Students will participate in a variety of sports and activities including, but not limited to: basketball, football, volleyball, tennis, soccer, frisbee, badminton, bowling, kickball, agility drills, walking, jogging, team building activities, etc.

Academic Integrity: Update from GRH

Academic integrity values the work of individuals regardless if it is another student's work, a researcher, or author. The pursuit of learning requires each student to be responsible for his or her academic work. Academic dishonesty is not tolerated in our schools. Academic dishonesty includes cheating, copying the work of another student, plagiarism, and unauthorized communication between students during an examination. The determination that a student has engaged in academic dishonesty shall be based on the judgment of the classroom teacher or other supervising professional employee and considers written materials, observation, or information from students. Students found to have engaged in academic dishonesty shall be subject to disciplinary and/or academic penalties. The teacher and campus administrator shall jointly determine such action.