

## SHAC Meeting Minutes

December 10<sup>th</sup>, 2019

John Haenes Called the meeting to order @ 0833

Approved Minute from October 8<sup>th</sup>, 2019 with no changes

**Guest Speaker:** Erika Castillo (Program Director for SOAR Coalition)

- Upcoming SOAR Coalition community meetings: Wednesday December 11<sup>th</sup>, 2019 at 1000-1100 (@Truett Absher Administration Bldg. Boardroom) and at 1630-1730 (@Boswell HS Auditorium)- This is open to the community/parents and encouraged for youth participation as well.
- Content focus of the SOAR Coalition will be on Tobacco, Vaping, THC and alcohol use/abuse
- Coming in January: The Sticker Shock Project. Program designed to deter adults from purchasing alcohol for minors. Youth encouraged to participate (with volunteer hours given) with the assist of Erika/SOAR coalition.

### **Department Updates:**

**Mareilla Alvarado and Natalie Johnson:** Counseling

- Catch My Breath- E-cigarette prevention program ( <https://catchinfo.org/modules/e-cigarettes> ) Research driven program that provides lessons to students (4 individual lessons). Each campus to decide on how these lessons will be delivered. Subsequent survey questions will be sent to the kids to evaluate learning later in the year. Possible partnering with PE classes for further education around this subject matter as well.
- Signs of Suicide program- Counseling plan for each grade level (Middle – High school age levels). Program designed to assist students on early identification of signs and symptoms of being distressed. Concept of A.C.T (be Aware, Care, Tell).

**Steve Griffin:** Athletics

- Effie Center- Briggs Myers testing pilot coming. This to assist students to find their strengths.

**Hollie Smith:** Health Services

- Tarrant County Influenza surveillance- numbers are down (slightly) since the Thanksgiving holiday.
- Tick borne illness curriculum coming- “Lyme alert”
- School substance abuse survey going on now until December 20<sup>th</sup>, 2019

**Aaron Wylie:** Nutrition

- Audit done (done every 3 years). Only 1 minor procedural finding.
- Main challenge currently is getting and keeping staff free of illness.

**Shawn Bell:** Fine arts

- Several concerts, plays, etc. going on at this time.
- Next Wednesday is the open house at Truett Absher Administration Bldg. Boardroom- Choir will be performing
- Saginaw Christmas parade- Joint school marching band to be marching
- Summer programs being developed- After the holiday, Surveys will be coming out to parents of 2<sup>nd</sup>-10<sup>th</sup> graders. These surveys will seek ideas on potential camp ideas. Camp Champ (led by Dave Allen) is one example of a PE focused camp. \*Please send ideas to [sbell@ems-isd.net](mailto:sbell@ems-isd.net)

**John Haenes:** Coalition updates

- Branding of Coalition for EMS-ISD is SOAR Coalition

- Coalition Director- Erika Castillo start date was October 15<sup>th</sup>, 2019
- State performance metrics are being finalized (more to come on this)

**Unfinished Business:**

- Canine detection program review- SHAC asked to develop questions that we have regarding this program and to turn this in to the Director of security so that he can get us the information that we are looking for. These questions were written down and will be given to him for the next meeting. SHAC committee reviewed questions to send to Barry Baker (Director of Safety and Security). We will review answers to our submitted questions in the upcoming February meeting.
- Trauma based training offered through CPS. This is a free online training that is available for caregivers and educators. It takes 45 minutes and there is a certificate that you can print out when you are done. Mareilla will send this link SHAC committee will be sent the link. Next year the entire district will be mandated to complete this.
- Mareilla suggested that the SHAC committee explore the possibility of having a Wellness Fair. The Wellness fair would be for the community/parent/students and would be a collaborative effort of each area of health. Future discussion and possibly a subcommittee would be formed. More to come.

**Next Meeting Date:** February 11<sup>th</sup>, 2020

Meeting adjourned @ 0923