

## HIGHLAND TRACK MEETS MEALS

For Track season, we are using Jason's Deli for our meals before competitions.

Each Athlete needs to have food before we leave for the meets. We believe this is the best way to make sure that each athlete is fed and ready to go before competing.

If you wish not to order, please make sure to have arrangements in place for your child to have food before the meet.

Also, if you or your child have not joined the Track Remind, the instructions are listed below as well. We update this on a regular basis and will keep you informed about any upcoming practice, or meet changes.

If you have any questions or concerns, please contact me or one of the other boy's coaches.

Thank you,

**COREY MCELROY**

Teacher/Coach

Highland Middle School

Eagle Mountain-Saginaw ISD



### **Jason's Deli Track order link**

<https://gameday.jasonsdeli.com/app/events/YUV4DUNP5R>

### **TRACK REMIND 2020**

For any and all track information, please text:

Text this message: **@f3c3342**

Send a text to: **81010**